

Yoga at the Village
Continuing Education Workshop Series*
for teachers or students interested in deepening their practice.

TWO-DAY WEEKEND INTENSIVE*
For the Serious Student at ANY Level
with Kofi Busia

Kofi's workshops are appropriate for serious students of all levels who would like to create a deeper foundation for their yoga practice. We highly encourage you to take advantage of this opportunity to study with one of the world's foremost and most unique yoga teachers.

*You may register for a single workshop or both days at a reduced rate.

December 11 & 12, 2010

Saturday, 12/11 and Sunday, 12/12 - 12:00-4:00 p.m.

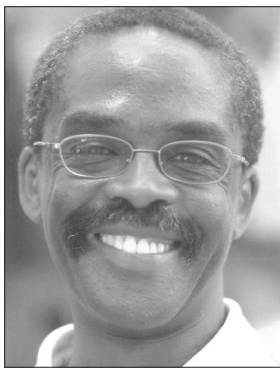
Space is limited. Reserve by phone or online. \$90, \$85 if registered and paid before 5.8.10

Both Days (Sat & Sun, December 11 & 12): \$90 per person

(\$85 if registered before 12.4.2010)

Saturday or Sunday only: \$50 per person/day

(\$45 if registered before 12.4.2010)



Born in Ghana and educated at Oxford, England, Kofi Busia has taught yoga for the past 38 years. Known for his deep understanding of yoga philosophy, he is a Sanskrit scholar and has translated the yoga sutras from their original. Kofi is a long-time, serious senior student of B.K.S. Iyengar, and was one of the first teachers in the world to be awarded an Advanced Iyengar teaching certificate. While Kofi was trained in the Iyengar tradition, he is appreciated for his unique teaching style which emphasizes the mental as well as the physical processes necessary to advance in your yoga practice. His classes are guaranteed to stretch both muscles and intellect.

*TEACHERS: Earn 8 continuing education units toward your Yoga Alliance renewal.

Yoga at the Village • 1306 Sonora (at Kenneth Road)
Glendale, CA 91201 • 818-265-9833 • www.yogaatthevillage.com